

# IZABEL MAR

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Height: 5'1"    Weight: 103      Hair: Brown    Eyes: Brown

## Film/TV

Year of the Fox (post-production)	Jennifer	A Cautionary Tale LLC <i>dir. Megan Griffiths</i>
Showing Up (Cannes - 2022)	Maya	A24/filmscience <i>dir. Kelly Reichardt</i>
FBI: Most Wanted (3.13)	Aubrey (Guest)	CBS/Dick Wolf
NewFoundLands: The Long Haul	Charity Kong	Audible Original Audio Drama <i>dir. Thomas Mann</i>
Dare	Tiff	NYU MFA Short Film <i>dir. Elizabeth Rao</i>
Pancakes	June	NYU MFA Short Film <i>dir. Kaili Torres</i>
Him&Her	Her	NYU MFA Short Film <i>dir. Emilija Gasic</i>
NewFoundLands: ARG	Charity Kong	Magic Leap Productions <i>dir. Brady Hall</i>

## Theater

Mac Beth (off-broadway)	Witch 1, us Lady M/Witch 3	Red Bull Theater <i>dir. Erica Schmidt</i>
The Crucible	Mary Warren	Resident Ensemble Players <i>dir. Ben Barnes</i>
Stacy by Ruby Rae Spiegel (workshop)	Sabina	Seattle Repertory Theatre <i>dir. Margot Bordelon</i>
August: Osage County	Jean Fordham	Resident Ensemble Players <i>dir. Jackson Gay</i>
Improvised Buffy	Tara ( <i>ongoing</i> )	The Krane <i>dir. Matthew Woods</i>
Mac Beth	Lady M	Seattle Repertory Theatre <i>dir. Erica Schmidt</i>
The Chalk Garden	Laurel	ACT Theatre <i>dir. Kelly Kitchens</i>
Bitterlake Tears (workshop)	Piper	Seattle Repertory Theatre <i>dir. Paul Budraitis</i>
Book of Genesis (workshop)	Narrator/Various	The Public Theater <i>dir. Lear deBessonet</i>
The Scarlet Letter	Pearl	Intiman Theatre <i>dir. Lear deBessonet</i>

## Training

The New York Conservatory for Dramatic Arts		
Scene Study	Jay Goldenberg	New York, NY
Actor's Lab (Hagen)	Richard Omar	New York, NY
Commercial & Voice Over	Lane Matthews	New York, NY
Coaching	Scott David Casting	Los Angeles, CA
Film Performance	Joanna Cassidy	Los Angeles, CA
Commercial Performance	Aaron Takahashi	Los Angeles, CA
Vocal Training	Deborah Schulman	Los Angeles, CA
Classical Text & Commedia	Arne Zazlove	Seattle, WA

## Special skills

Dance (jazz, tap, swing, waltz, foxtrot, ballet), bounding, tumbling & basic stunts, martial arts (aikido, beginner taekwondo), hula hoop, rollerskating, ukulele, rad autoharp skills, Aubrey Plaza impression